New paradigms of observation and interpretation of procedures for urban regeneration to the well-being

1

The communities are the coherent and consolidated expression of demand for the well-being and quality of life.

This concept is visible through physical elements, social and economic dynamics and heritage values and emphasizes the human dimension of each territory.

The communities are composed of autonomous and interrelated territories that are able to produce their own replies to development. Each territory is the agent and the expression of what is happening in society: individual and collective projects, interactions, contradictions and lifestyles.

2

Our aim is to create a tool to strengthen awareness about communities' daily life - sociability, cultural impulses, physical features and economic dynamics. So, it involves an exercise of critical awareness about each community.

On this perspective, we propose the building of an index using the concepts of territory, quality of daily life and factors to well-being (motivation, competences and opportunities). The purpose is to design new interpretative tools to make visible the complexity of the well-being of communities as a process continually changing.
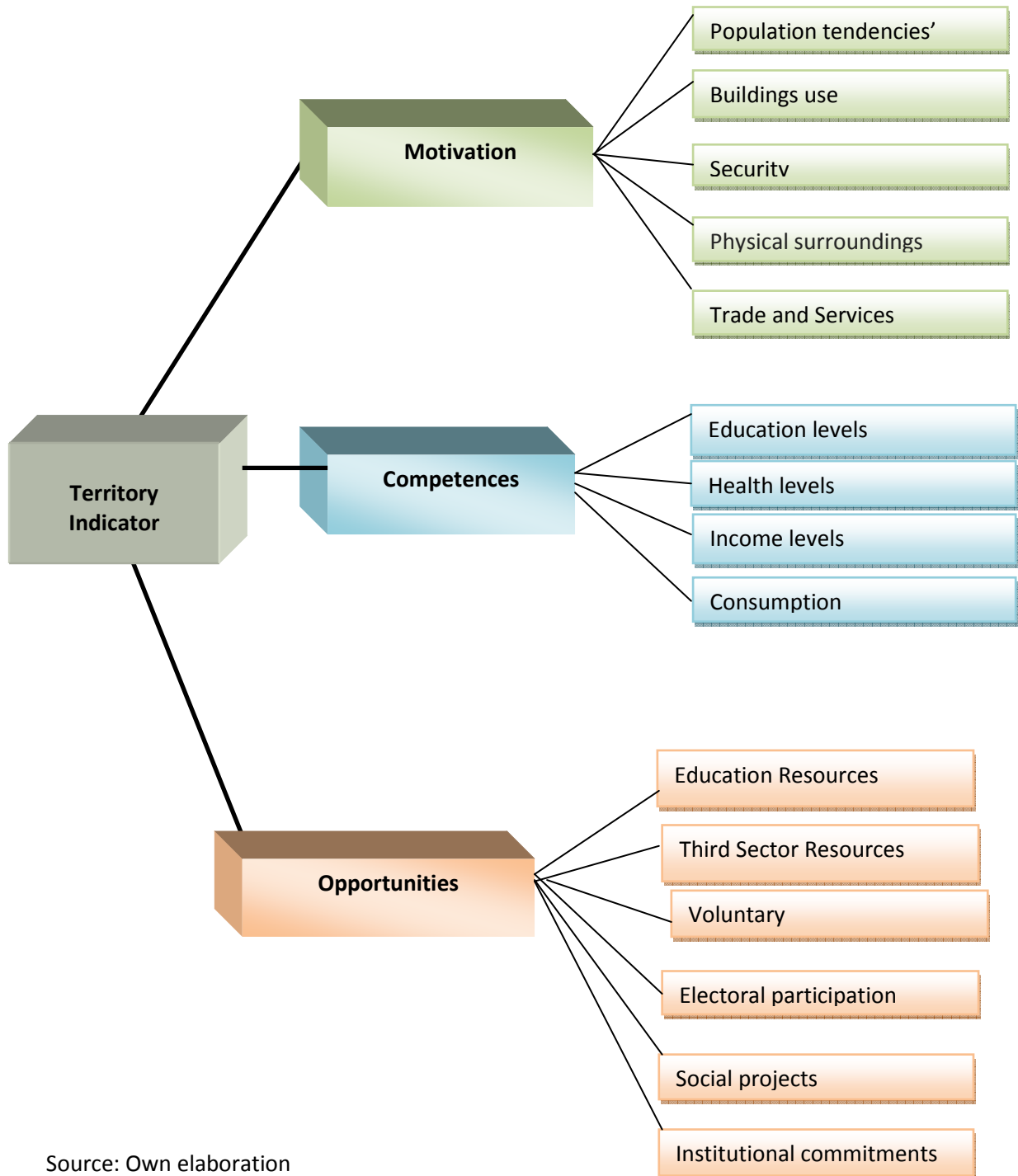
3

Even, from our point of view the impetus for the well-being is a joint exercise of co-responsibility that integrates the different sectors and actors in each territory. It must always begin from the empowerment of everyday life dynamics and vitality in each place.

The well-being will be understood in its holistic dimension, i.e., as the axis of the strategic commitments which aim to promote the capabilities for self-empowerment. Here are concerned cultural and economic options towards well-being, focus on competencies and opportunities.

Next page we put a diagram, which we propose for the debate.

Diagram to build an indicator about well-being and quality of life in each territory (to measure improvement on empowerment of everyday life dynamics and vitality in each community, the medium term)

Territory Indicator

Motivation
- Population tendencies'
- Buildings use
- Security
- Physical surroundings
- Trade and Services

Competences
- Education levels
- Health levels
- Income levels
- Consumption

Opportunities
- Education Resources
- Third Sector Resources
- Voluntary
- Electoral participation
- Social projects
- Institutional commitments

Source: Own elaboration

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